

Farhad Nasr Chimeh, M.D.

CURRICULUM VITAE

Personal Information

Business: Avicenna Medical Group
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310-858-1800

DOB 08/16/1961, Iran

Citizenship American
Iranian

Medical Education

1979-1989 Tehran University Medical School

2001-2004 Internal Medicine, North Shore Medical Center
(NSMC)/Salem Hospital

2005-2007 Nephrology fellowship
Harvard Medical School
Boston, MA

Licensure

California Medical License

#A100198

Board Certification:

2009 Board certification in Nephrology
2004 Board certification in Internal Medicine

Professional Experience

2013 Assistant Professor of Nephrology
UCLA Medical Center
2009 Clinical Nephrologist
UCLA Santa Monica Hospital
2009 Clinical Nephrologist
St. John Hospital
2009 Clinical Nephrologist
Cedar-Sinai Medical Center
2007 Clinical Nephrologist
Olympia Medical Center
2007 Clinical Nephrologist
Brotman Medical Center
2007 Clinical Nephrologist
Kindred Hospital
2004-2007 Medical Consultant,

McLean hospital, Harvard Medical School

2005-2007	Graduate Assistant Massachusetts General Hospital Harvard Medical School
2004-2005	Hospitalist/Clinical Educator Hospitalist program Department of Internal Medicine North Shore Medical Center
1999-2001	Clinical Research Associate of Endocrinology Department of Endocrinology and Metabolism Boston University Medical Center
1994-1998	Manager of Health Department at Ministry of Health Visiting patients in private office
1990-1994	Health advisor at ministry of Health
1989-1990	Physician of Iran Red Cross Society

Professional Activities

2007	Member of Executive Committee Brotman Medical Center
2006	Renal Physician Associates
2006	American Society of Nephrology
2005	National Kidney Foundation
2004	Massachusetts Medical Society

2003 Residency Advisory Committee at NSMC

2003 Quality Improvement Committee at NSMC

2002 Acute/ Subacute Care Transfer Committee
at NSMC

2002 Graduate Medical Education Committee
at NSMC

2002 Intensive Care Committee at NSMC

2001 American Medical Association (AMA)

1999 Section of Endocrinology, Diabetes and Nutrition in the
Department of Medicine
Boston University Medical Center

1989 Iran Medical Organization

1990-1998 Ministry of Health

CSMC Professional Activities

2008 Member of the Nephrology department

2008 Teaching Staff, Nephrology department

UCLA Professional Activities

2013 Assistant Professor of Nephrology
UCLA Medical Center

Honors and Awards

- 2011 Official member of the “Leading Physicians of the World” Organization
- 2004 Awarded as the best resident of the year 2003 and 2004 by NSMC
- 2003 Awarded as the best teaching resident of the year 2002 and 2003 by Tufts University
- 2003 Chief Resident of NSMC
- 2002 Awarded by Tufts University for Excellence in Teaching in 2001
- 1991 Placed 2nd at nationwide residency exams in Iran
- 1989 Dean’s list at medical school (GPA 4.0 out of 4.0)
- 1979 Placed 5th among 260,000 participants at university entry exam.
- 1979 Dean’s list at final exams of high school around the country

Research Projects

- 2007 Factors that affect the cutaneous synthesis of vitamin D.
Boston University Medical Center.

- 2007 Evaluation of extra-renal production of 1,25 (OH)₂D at the systemic and cellular level using tritiated 25 (OH)D [3H 25(OH)D] in nephrectomized mice
- 2002 Comparison of the effects of a new conjugated oral estrogen, estradiol-3beta-glucoside, with oral micronized 17 beta-estradiol in postmenopausal women.
- 2000 A twelve-week, multi-center, double-blind, randomized, Placebo- controlled study of oral alendronate sodium (70 mg Once a week in patients with osteoporosis
Boston University Medical Center
- 2000 Evaluation of the effects of ultraviolet irradiation on Vitamin D, Calcium Metabolism and Gene Expression
Boston University Medical Center
- 2000 Comparison of the effects of daily oral estradiol-3β-glucoside with daily oral micronized 17-β-estradiol (Estrace)
Boston University Medical Center
- 2000 The effect of single dose, timed phosphate administration on biochemical markers of the bone, serum PTH and phosphate in women with osteoporosis
Boston University Medical Center
- 2000 Prevalence and risk factors for osteoporosis in HIV-infected patients entering care and progression of disease associated with different combinations of antiretroviral therapy

compared to those not on HIV therapy

Boston University Medical Center

2000 Evaluation of the potential benefit of alendronate (Fosamax)

Or pamidronate therapy in preventing bone loss,
hypercalcemia, hypercalciuria, and heterotopic ossification
in patients with quadriplegia

Boston University Medical Center

2000 Evaluation of the safety and efficacy of luflonamide (Arava)

For the treatment of psoriatic arthritis and skin lesions

Boston University Medical Center

2000 Evaluating the therapeutic efficacy and safety of the

combination of Parathyroid Hormone (1-34) and
calcipotriene (Dovonex) for treating Psoriasis

Boston University Medical Center

1999 Evaluation of the safety and efficacy of topical 19-nor-1,25-

dihydroxyvitamin D₃ for treating psoriasis

Boston University Medical Center

1999 Evaluation of the therapeutic efficacy and safety of topically

administered Parathyroid Hormone Related Peptide analog

Parathyroid Hormone (1-34) for the treatment of psoriasis

Boston University Medical Center

1999 Effects of low dose ultraviolet radiation on endogenous

Vitamin D synthesis and metabolism in normal volunteer

Boston University Medical Center

1999 Evaluation of the safety and efficacy of topical 19-nor-1,25-dihydroxyvitamin D₂ for treating Psoriasis
Boston University Medical Center

1999 Treatment of psoriasis with orally administered calcitriol (1,25-dihydroxyvitamin D₃)
Boston University Medical Center

Lectures and Presentations

2012 to present Weekly lectures for interns and residents
Cedars-Sinai Medical Center

2012 to present “Medicine, insights and findings”
Local radio program for Southern California
On Tuesdays

2009 to present “Board Review Sessions” for nephrology fellows
(preparing fellows for nephrology board exam)

2007 to present “Medicine from Concept to Reality”
Internationally broadcasted TV program
On Thursdays and Saturdays

2007 Increased water intake and the effect on PKD
Renal division
Beth Israel Deaconess Med. Center

Boston, USA.

2006

PTH-related Peptide (PTHrP)

The physiologic and pathologic effects

Renal division

Beth Israel Deaconess Med. Center

Boston, USA.

2001

Effect of Tanning Bed Exposure on Skin Pigmentation, Erythema, Blood Levels of Vitamin D and Gene expression in the Skin. 29th Annual Meeting of the American Society for Photobiology, Chicago, USA.

2001

Quantitative Evaluation of Pigmentation Following

Repeated UV Irradiation by Microflash Spectrophotometer. Biologic Effects of Light Symposium, June 15 through June 17, Boston, USA.

2001

Quantitative Evaluation of the Effects of Multiple Exposures of Ultraviolet Irradiation over a Three Months Period on Gene Expression in the Skin. Biologic Effects of Light Symposium, June 15 through June 17, Boston, USA

2001

Effects of Multiple Exposures of Ultraviolet Radiation on Circulating Concentration of 25-Hydroxyvitamin D, Skin Pigmentation and Gene Expression in the Skin. Biologic Effects of Light Symposium, June 15 through June 17,

Boston, USA

2000

Novel use for PTH (1-34): An effective safe topical therapy for treating psoriasis. American Society for Bone and

Mineral Research Meeting, September 22 through
September 26, Toronto, Canada.

Teaching Activities

2012 to present	Nephrology for nephrology fellows and Internal Medicine Residents Cedars-Sinai Medical Center
2009 to present	“Board Review Series” for nephrology fellows (preparing fellows for nephrology board exam)
2007 to present	Lectures about medical topics in an internationally broadcasted TV program on a weekly basis
2005-2007	Internal Medicine/Nephrology for Residents and Interns Harvard Medical School
2004 to 2005	Internal Medicine for Residents, Interns and Students
2001 to 2004	Internal Medicine for Tufts University Medical Students
1986-1987	Biochemistry for Medical Students

CSMC Teaching Activities

2009	Board Review Series for Nephrology Fellow
2008	Teaching attending , Nephrology Consult Service

Publications

- 2007 Tai Chen, Farhad Chimeh, Zhiren Lu, Jeffrey Mathieu, Kelly Person, Anqi Zhang, Nathan Kohn, Steven Martinello, Roger Berkowitz and Michael Holick. Factors that affect the cutaneous synthesis and dietary sources of vitamin D. Archives of Biochemistry and Biophysics.
- 2006 Sweeney AT, Tangpricha V, Weinberg J, Malabanan AO, Chimeh FN, Holick MF. Comparison of the effects of a new conjugated oral estrogen, estradiol-3beta-glucoside, with oral micronized 17beta-estradiol in postmenopausal women. Transl Res. 2006 Oct;148(4):164-70.
- 2003 Holick MF, Chimeh FN, Ray S. Topical PTH (1-34) is a novel, safe and effective treatment for psoriasis: a randomized self-controlled trial and an open trial. Br J Dermatol. 2003 Aug;149(2):370-376.
- 2001 Farhad Chimeh M.D, Michael F. Holick, Ph.D, M.D. Quantitative Evaluation of Pigmentation Following Repeated UV Irradiation by Microflash Spectrophotometer. Biologic Effects of Light Symposium, June 15 through June 17, 2001, Boston, USA. Photodermatology, Photoimmunology & Photomedicine 17: F140, pS008.
- 2001 John N. Flanagan, Farhad Chimeh M.D, Michael F. Holick, Ph.D, M.D. Quantitative Evaluation of the Effects of Multiple Exposures of Ultraviolet Irradiation Over a Three Months Period on Gene Expression in the Skin. Biologic Effects of Light Symposium, June 15 through June 17, 2001, Boston, USA. Photodermatology, Photoimmunology & Photomedicine 17: F141, pS018.
- 2001 Michael F. Holick, Ph.D, M.D, Farhad Chimeh M.D, John N. Flanagan, Tai Chen. Effects of Multiple Exposures of

Ultraviolet Radiation on Circulating Concentration of 25-Hydroxyvitamin D, Skin Pigmentation and Gene Expression in the Skin. Biologic Effects of Light Symposium, June 15 through June 17, 2001, Boston, USA. Photodermatology, Photoimmunology & Photomedicine 17: F143, pS027.

2000 Farhad Chimeh and Michael F. Holick. Novel use for PTH (1-34): An effective safe topical therapy for treating psoriasis. American Society for Bone and Mineral Research Meeting, September 22 through September 26, 2000, Toronto, Canada. Bone 15 (Supple.1): F460, pS232

Book

2001 Farhad Chimeh and Michael F. Holick, Quantitative Evaluation of Pigmentation following repeated UV irradiation by Microflash Spectrophotometer, P: 139-144, Biologic Effect of Light, 2001

